



Board of Directors

Hybrid Meeting Minutes

May 12, 2022

Board of Directors Members Present:

- **Cindy Wolf**, Council Member, San Juan County; Vice Chair
- **Lynda Austin**, Human Services Director, Island County
- **Kathy Kershner**, Whatcom County Council
- **Cammy Hart-Anderson**, Snohomish County Human Services; designated alternate for Dave Somers, Snohomish County Executive
- **George Kosovich**, Skagit County Public Health; designated alternate for Peter Browning
- **Nicole Gorle**, Legislative Analyst, Snohomish County; designated alternate for Nate Nehring, Snohomish County Council
- **Heidi Beazizo**, Sr. Legislative Analyst, Snohomish County; designated alternate for Jared Mead, County Council
- **Pat O'Maley Lanphear**, North Sound BH-ASO Advisory Board, Vice Chair
- **Jackie Mitchell**, Behavioral Health Program Specialist, Whatcom County, designated alternate for Satpal Sidhu
- **Darcy Cheeseman**, Legislative Aid to Council Member, Sam Low
- **Lynda Austin**, Island County Human Services; designated alternate for Commissioner Jill Johnson

North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) Staff Present:

- **Joe Valentine**, Executive Director, North Sound BH-ASO
- **Margaret Rojas**, Assistant Director, North Sound BH-ASO
- **Darrell Heiner**, Senior Accountant, North Sound BH-ASO
- **Charles DeElena**, Business Improvement Manager/Compliance Officer, North Sound BH-ASO
- **Lisa Hudspeth**, Program Specialist, North Sound BH-ASO (Minutes)

Guests Present:

1. Call to Order and Introductions – Chair

Vice Chair Wolf initiated introductions and called the meeting to order at 1:35 p.m. She asked Lisa Hudspeth to read the names of the attendees that were participating in person and via Zoom.

2. Revisions to the Agenda – Chair

The Chair asked if there were any revisions to the agenda. No revisions were noted.

3. Approval of the April 14, 2022, Minutes, Motion #22-23 – Chair..... Attachment

Kathy Kershner moved the motion for approval, Jackie Mitchell seconded, none opposed, no abstentions, motion #22-23 carried.

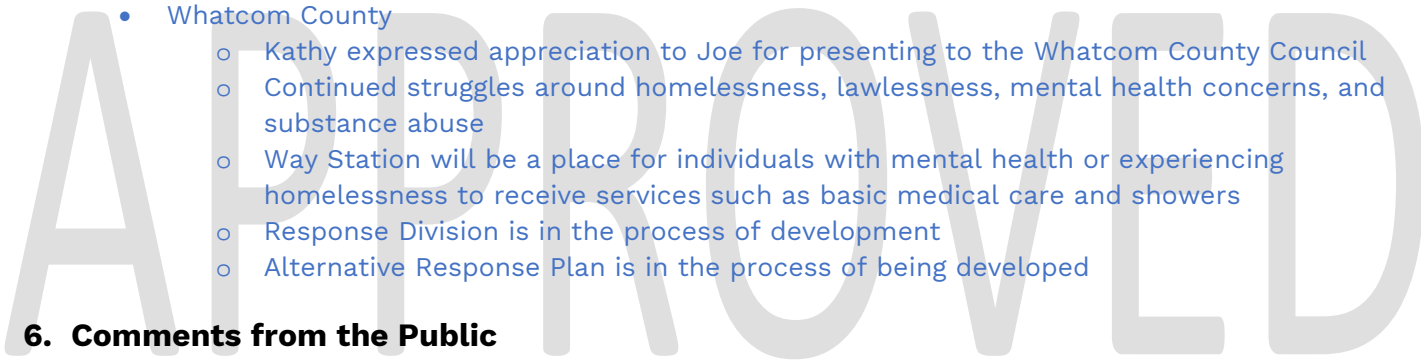
4. Comments & Announcements from the Chair

There were no announcements from Vice Chair Wolf.

5. Reports from Members

Vice Chair Wolf asked if there were reports from the counties. The following updates were provided:

- Island County
 - Two (2) new co-responders are now in place
 - Recovery Navigator Program (RNP) planning is underway
 - Low-income Housing Institute pursuing permanent supportive housing
- Skagit County
 - Consejo Counseling has identified a location in Skagit county to provide services
 - Skagit County undergoing a planning process around behavioral health and housing issues called *North Star Project*
- Snohomish County
 - Continuing to recruit for Designated Crisis Responders (DCRs); will be using a recruiter for assistance
 - Cammy expressed appreciation to Joe for presenting ASO Overview with Snohomish County Council members
 - Behavioral Health Group in process of creating “mini grants” with Dedicated Marijuana Account (DMA) funds
 - Creating forum with five (5) managed care organizations (MCOs) and North Sound BH-ASO to create a forum around youth services
- Whatcom County
 - Kathy expressed appreciation to Joe for presenting to the Whatcom County Council
 - Continued struggles around homelessness, lawlessness, mental health concerns, and substance abuse
 - Way Station will be a place for individuals with mental health or experiencing homelessness to receive services such as basic medical care and showers
 - Response Division is in the process of development
 - Alternative Response Plan is in the process of being developed



6. Comments from the Public

There were no comments from the public

7. Report from the Advisory BoardAttachment

Pat O’Maley Lanphear, Advisory Board Chair, gave the report from the Advisory Board, calling special attention to Advisory Board membership and the creation of “target” membership levels.

8. Annual Compliance Report (Charles DeElena).....Attachment

Charles DeElena presented on the 2021 Annual Compliance Report. Individuals may contact Charles if they have any questions.

9. Quality Management Plan (Charles DeElena)

- https://nsbhaso.org/for-providers/forms/20220218_QM%20Plan_ASO_FINAL.pdf

Charles DeElena presented on the 2022 Quality Management Plan. Individuals may contact Charles if they have any questions.

10. Report from the Finance Officer.....Attachment

Joe Valentine and Darrell Heiner gave the Report from the Finance Officer. They answered questions from the Board members.

11. Report from the Governance Operations Committee

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a

Consent AgendaAvailable at Meeting

Motion #22-24

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from April 1, 2022, through April 30, 2022, in the amount of \$3,218,218.67.
- Payroll for the month of April in the amount of \$164,422.14 and associated employer benefits in the amount of \$90,810.34.

Kathy Kershner moved the motion for, George Kosovich seconded, none opposed, no abstentions, motion #22-24 carried.

12. Action Items

For Board Approval

Summary:

Whatcom County Co-Responder Project

- Whatcom County was the only bidder for the Whatcom Co-Responder RFP. The evaluation team met and reviewed the proposal and recommended the ASO move forward with a contract. The team made some recommendations to the ASO to consider while standing up these programs, specifically on how to measure success and acquire feedback from individuals having contact with the teams. The funding for this project is \$223,563 in COVID Mental Health and Substance Abuse Block Grant funds.

Motion # 22-25

- NS BH-ASO-Whatcom County-ICN-19-23 Amendment 8 to provide the funding co-responder services under this contract in the amount of \$223,563. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.

Kathy Kershner moved the motion for approval, George Kosovich seconded, none opposed, no abstentions, motion #22-25 carried.

13. Introduction Items

The contracts being introduced this month fall into four distinct categories:

- Two Health Care Authority contracts: one providing ASO funding for all categories of funding listed below, and a HCA contract for COVID-19 Emergency Grant funding.
- Downstream contracts for General Fund-State (GF-S) Mandatory Services (Crisis Outreach, Involuntary Treatment Act (ITA) Services, ITA inpatient, Secure Withdrawal Management, Proviso Funding)
- Downstream contracts for Substance Abuse Block Grant (SABG) Priority Services (Pregnant & Parenting Women Housing Services (PPW), Individuals using Intravenous Drugs (IUID) Opiate Outreach)
- Downstream contracts for GF-S/SABG/Mental Health Block Grant (MHBG) Services within Available Resources (Mental Health & Substance Use Disorder Outpatient, SUD Residential, Triage Services).

The downstream contracts follow the HCA contract. The funding for the downstream contracts is included in the same amendment, which is why you will see the same numbered amendment under a different category of funding. The funding allocations for the downstream contracts will be developed over the next month.

Summary:

Health Care Authority

- K-4949 is providing the GF-S funding for the period of July 1, 2022, through December 31, 2022 and Federal Block Grant funds for the period of July 1, 2022, through June 30, 2023.
 - New GF-S funding is expected for the period of July – December 2022, however the details have not been provided by HCA to date.

Motion #22-XX

- HCA-NS BH-ASO-K-4949-Amendment 5 providing the ASO GF-S funding and legislative provisos for the period of July 1, 2022, through December 31, 2022 and Federal Block Grant Funding for the period of July 1, 2022 through June 30, 2023.

- K-5390 Housing and Recovery through Peer Support Services (HARPS) team providing permanent supportive housing services for individuals exiting or at risk of entering a behavioral healthcare setting.

Motion #22-XX

- HCA-NS BH-ASO-K5390-22-23 Amendment 1 for the purpose of funding an additional Peer on the HARPS team. The maximum amount on this amendment is \$80,000 effective upon execution through March 14, 2023.
- HCA-NS BH-ASO-K5390-22-23 Amendment 2 for the purpose of funding the HARPS team and HARPS subsidies. The maximum amount on this contract is \$616,440 with a term of July 1, 2022 through June 30, 2023.

- K5759 Homeless Outreach Stabilization and Transition Team (HOST) services serving individuals who are living with serious substance use or co-occurring disorders and behavioral health conditions experiencing homelessness.

Motion #22-XX

- HCA-NS BH-ASO-K5759-22-23 for the purpose of funding a HOST program in the North Sound Region. The maximum consideration on this contract is \$956,080 with a term of July 1, 2022, through June 30, 2023.

Summary:

GF-S Mandatory Services

The following contracts are providing mandatory behavioral health services.

- **Compass Health**
 - Mobile Crisis Outreach, ITA services, Program for Assertive Community Treatment (PACT), Evaluation and Treatment Services, E&T Discharge Planners, Whatcom Triage Diversion Pilot
- Snohomish County
 - Mobile Crisis Outreach, ITA services
 - Proviso Funding-Jail Transition Services, Designated Marijuana Account, Trueblood Funds

- Volunteers of America
 - Toll Free Crisis Hotline
- Telecare
 - Evaluation and Treatment Services, Discharge Planners
- American Behavioral Health Services (ABHS)
 - Secure Withdrawal Management
- Community Action of Skagit County (CASC)
 - Ombuds Services (services for July 1, 2022-October 1, 2022)
- Sea Mar
 - Assisted Outpatient Treatment
- Lifeline Connections
 - PACT
- Snohomish County Superior Court
 - Juvenile Treatment Services
- Island County
 - Proviso Funding-Jail Transition Services, Trueblood Funds, Designated Marijuana Account
- San Juan County
 - Proviso Funding-Jail Transition Services, Designated Marijuana Account
- Skagit County
 - Proviso Funding-Jail Transition Services, Designated Marijuana Account, Trueblood Funds
- Whatcom County
 - Proviso Funding-Jail Transition Services, Designated Marijuana Account, Trueblood Funds

Motion #22-XX

- NS BH-ASO-Compass Health-ICCN-19-23 Amendment 9 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Snohomish County-ICCN-19-23 Amendment 6 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-VOA-ICCN-19-23 Amendment 7 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Telecare-ICCN-19-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-ABHS-ICN-19-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-CASC-ICN-19-23 Amendment 7 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Sea Mar-ICN-19-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-ICN-19-23 Amendment 6 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Snohomish County Superior Court-ICN-19-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30,

2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.

- NS BH-ASO-Island County-ICN-19-23 Amendment 10 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-San Juan County-ICN-19-23 Amendment 6 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Skagit County-Interlocal-19-23 Amendment 6 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Whatcom County-ICN-19-23 Amendment 10 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.

Summary:

GF-S Mandatory Services

The following contracts are providing SABG priority Services:

- Brigid Collins
 - Pregnant and Parenting Women (PPW) Housing Support Services
- Evergreen Recovery Centers
 - PPW Housing Support Services
- Catholic Community Services
 - PPW Housing Support Services
- Compass Health
 - San Juan HARPS subsidies
 - Certified Peers on Mobile Crisis Teams
- Therapeutic Health Services
 - Medication Assisted Treatment
- Island County
 - Opiate Outreach, HARPS subsidies
- Community Action of Skagit County
 - Opiate Outreach
- Snohomish County
 - Opiate Outreach
- Whatcom County
 - Opiate Outreach
- Lifeline Connections
 - Peer Pathfinder Incarceration Transition Pilot, HARPS Team with Skagit & Whatcom subsidies
- Telecare Corp.
 - Peer Bridger Program, Peer Bridger Participant Relief Funds

Motion #22-XX

- NS BH-ASO-Brigid Collins-ICN-19-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.

- NS BH-ASO-ERC-ICN-19-23 Amendment 7 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-CCS NW-ICN-19-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Compass Health-ICCN-19-23 Amendment 9 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-THS-ICN-19-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Island County-ICN-19-23 Amendment 10 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-CASC-ICN-19-23 Amendment 7 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Snohomish County-ICN-19-23 Amendment 6 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Whatcom County-ICN-19-23 Amendment 10 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-MHBG-20-23 Amendment 4 to provide additional funding to the Peer Path Finder services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Telecare-MHBG-19-22 Amendment 3 to provide additional funding to Peer Bridger services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.

Summary:

GF-S/SABG/MHBG Services within Available Resources

- Compass Health
 - SUD outpatient services in San Juan County
 - Snohomish & Whatcom County Triage Services
- Consejo Counseling and Referral Services
 - Mental health outpatient services
 - Substance use outpatient services
- City of Mount Vernon
 - Integrated co-responder outreach project
- Evergreen Recovery Centers
 - Withdrawal Management Services
 - Mental Health Infant Specialist
- Island County
 - Co-Responder project
- Lifeline Connections

- SUD Outpatient services
 - Recovery Housing
- Lake Whatcom Center
 - PACT
 - Mental Health outpatient services
 - Substance Use outpatient services
- Pioneer Human Services
 - Skagit & Whatcom withdrawal management services
 - SUD residential services
- Sea Mar
 - Mental health outpatient services
 - Substance use outpatient services
 - SUD residential services
- Sunrise Services
 - Mental health outpatient services
 - Substance use outpatient services
- Volunteers of America (VOA)
 - Emergency Response for Suicide Prevention (ERSP)
 - Peer Outreach follow up services

Motion #22-XX

- NS BH-ASO-Compass Health-ICCN-19-23 Amendment 9 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Consejo-ICN-21-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is July 1, 2021 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-City of Mount Vernon-Interlocal-23 to provide funding for the integrated co-responder team with the City of Mount Vernon Police Department. The contract term is June 1, 2022 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-ERC-ICN-19-23 Amendment 7 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Island County-ICN-19-23 Amendment 10 to provide the funding for co-responder services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-ICN-19-23 Amendment 6 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-LWC-ICN-19-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-PHS-ICN-19-23 Amendment 9 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Sea Mar-ICN-19-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.

- NS BH-ASO-Sunrise Services-ICN-19-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-VOA-ICCN-19-23 Amendment 7 to provide the funding for emergency response suicide prevention follow up services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract

Summary:

Behavioral Health Needs Assessment

- Cumming Management Group will be providing Phase 0 of the Behavioral Health Needs Assessment: Project Mobilization, and Initial Work Plan.
- Phase 0 will consist of the following work:
 - Engagement management, team structure and coordination, project mobilization
 - Finalized scope, work plan, schedule, and deliverables (note this will be adjusted after the kickoff meeting)
 - Information request and list of data resources to be utilized
 - Key stakeholder interview list and associated discussion guide
 - Final proposed project fee

Motion #22-XX

- NS BH-ASO-Cumming-Agreement-22 for the purpose of engaging Cumming Management Group in a North Sound Behavioral Health Needs Assessment. The maximum consideration for Phase 0 is \$12,000 with an effective date of July 1, 2022

Homeless Outreach Stabilization and Treatment (HOST) Program

- Evergreen Recovery Centers was the only bidder for the HOST Request for Qualifications (RFQ). The evaluation team met and reviewed the proposal and recommended the ASO move forward with a contract. The funding for this project is \$956,080 in GF-S funds. The contract will be on the June 9, 2022 Board of Directors agenda for approval.
- Elements of the HOST program project are as follows:
 - Serves people who are living with serious substance use disorders (SUD) or co-occurring SUD and behavioral health conditions, are experiencing homelessness, and whose severity of behavioral health symptom acuity level creates a barrier to accessing and receiving conventional behavioral health services and outreach models
 - Outreach and engage the most vulnerable individuals into services with the ultimate goals of addressing their behavioral and physical health needs, increasing stability, obtaining housing, and transitioning them into long-term services for their substance use disorders or co-occurring substance use disorders and behavioral health conditions
 - Utilize the principles consistent with a modified Assertive Community Treatment (ACT) model that will best serve targeted populations

The following discussion ensued regarding the HOST Program:

- Geographic footprint will likely be focused in urban areas; more specifics will be determined during contracting

Child, Youth and Family Mobile Crisis

- Our July 2022 HCA contract amendment requires the ASOs to establish new or expand mobile crisis teams for adults, youth and children by July 1st, 2022. The team models are to include Mental Health Professionals (MHPs) and Peers trained in crisis services. We will also be required to incorporate the standards of the Mobile Response and Stabilization Service (MRSS) model. The goals of this model include: supporting individuals, children and families in their current living situation, provide trauma informed care, promote and support safe behaviors in

school/community, reduce the use of emergency department and criminal justice systems and assist in linkages to ongoing age-appropriate support and services as needed. All services are required to be submitted under the new transaction code for Mobile Crisis Response transaction by July 1, 2022.

The following discussion ensued regarding the Child, Youth and Family Mobile Crisis

- Board members will be invited to sit on the Review Committee for the Request for Qualifications (RFQ), which is being released May 13, 2022

14. Report from the Executive Director Attachments

Joe Valentine gave the report from the Executive Director. It included the following topics:

- Update on Homeless Outreach Stabilization and Transition (HOST) Program
- Update on the RFQ for Children and Youth Mobile Crisis Teams
- Presentation of three-year BH-ASO Update for North Sound County Councils and Commissions
- Update on Plan to improve coordination between BH-ASO funded programs and county funded Behavioral
- Behavioral Health System Coordination Committee
 - Discussion will occur in June regarding Network Adequacy
 - Joe noted that HCA will be doing a re-procurement for MCO networks in 2024

15. Adjourn

Vice Chair Wolf adjourned the meeting at 2:30 p.m.

Next Meeting: June 9, 2022

Important: North Sound BH-ASO Board of Directors will NOT meet in July due to summer recess.

Respectfully Submitted,

Lisa Hudspeth,
Program Specialist