

### County Authorities Executive Committee (CAEC) Members Present:

- Jill Johnson, Chair, Island County Commissioner; Board of Island County Commissioners
- Ron Coakley, Vice-Chair, North Sound Behavioral Health Organization Advisory Board; representing Skagit County
- Anne Deacon, Whatcom County Human Services Manager/County Coordinator; designated alternate for Whatcom County Council Rud Browne
- Cammy Hart-Anderson, Snohomish County Human Services; designated alternate for County Executive Dave Somers
- Jamie Stephens, County Council Member; San Juan County Council
- Ken Dahlstedt, County Commissioner; Board of Skagit County Commissioners
- Sam Low, Snohomish County Council; Snohomish County
- Rud Browne, Whatcom County Council; Whatcom County
- Russel Wiita, Snohomish County Council Legislative Aid, District 1; designated alternate for Snohomish County Council Nate Nehring

### North Sound Behavioral Health Organization (BHO) Staff Present:

- Joe Valentine, Executive Director; North Sound Behavioral Health Organization (BHO)
- Bill Whitlock, Fiscal Officer; North Sound BHO
- Joanie Williams, Administrative Manager; North Sound BHO (recording)

### Guests Present:

- Alicia Hughes, Skagit County Public Health
- Julie Delosada, Skagit County Public Health
- David Kincheloe, North Sound Behavioral Health Organization Advisory Board Member; Whatcom County

### Call to Order and Introductions

Chair Johnson opened the meeting and initiated introductions.

### Revisions to the Agenda

Chair Johnson asked if there were any revisions to the Agenda, there were none.

### Approval of January 2018, Minutes, Motion #18-05

Chair Johnson asked if there was a motion to approve the January 2018 minutes. Cammy Hart-Anderson moved the motion for approval, Jamie Stephens seconded, Rud Browne and Russell Wiita abstained, Motion #18-05 carried due to majority.

### Comments & Announcements from the Chair

The Chair noted a report from the Chair will take place following the Executive Director's Report.

### Reports from Members

- **Snohomish County:** Cammy Hart-Anderson said Snohomish County held the first community meeting regarding the proposed treatment facility located within the juvenile detention center vacant space. She noted the meeting went well and the neighborhood associations were very supportive. She added this is one step toward the special use permit with the city of Everett.
- **Island County:** Chair Johnson said Island County has a Request for Proposal (RFP) on their website for a consultant to assist the Health Department and Human Services Department to leverage resources and work in tandem.



- **Island County:** Chair Johnson said the Sno-Isle Regional Library is holding a series of community workshops on mental health issues that will be facilitated by regional experts. More information is available on the website or through the provided link <https://www.sno-isle.org/issues-that-matter>

### Comments from the Public

Chair Johnson asked if there were any comments from the public, there were none.

### Report from the Advisory Board (AB)

The Advisory Board Brief was referenced prior to Ron Coakley speaking about the visit from 3 of the 5 Managed Care Organizations (MCOs). Representatives were designated to attend the February 6<sup>th</sup> AB meeting to give presentations and answer questions from the members. The attending MCOs were Community Health Plan of Washington (CHPW), Coordinated Care and Molina.

He noted the MCOs were well prepared in their presentations and purposeful in effectively addressing the questions and concerns of the North Sound BHO Advisory Board members.

Joe added that once the MCOs are selected for this region (and have a semblance of what their network will be) there is the potential for the North Sound BHO to invite a panel of representatives to answer questions from the North Sound County Authorities Executive Committee.

### Committee Report

- **Quality Management Oversight Committee (QMOC)**

There was no meeting in February, no report available.

### Report from the Executive Director

- North Sound Youth and Family Coalition (AKA FYSPRT)  
Presented by Alicia Hughes, Skagit County Public Health

Julie de Losada introduced Alicia Hughes.

Alicia gave a presentation on the North Sound Youth and Family Coalition; discussion followed.

Joe requested that Alicia forward Joanie an electronic version of her flyer and she will send it out to the CAEC Members once received.

Joe Valentine gave the Executive Director's Report and spoke on the following topics:

- Health Related Bills
- Proviso Language
- Transition Year Options
- Opioid Summit Work Plan
- HCA Update: Integrated Managed Care PowerPoint

There was discussion on various components of the topics listed above and the accompanying documents were referenced.

### Report from the Finance Officer

Bill Whitlock gave the Report from the Finance Officer that was accompanied by hand-outs included in the committee member packets.

## Report from the Governance Operations Committee

- **North Sound BHO Retention Package**

The proposed retention package will run from July 1, 2018 through December 31, 2018.

The first three (3) months would provide a 5% increase on an employee's base salary and the second three (3) months would provide a 10% increase on the employee's base salary.

**Motion #18-06**

Approve the 2018 retention package for North Sound BHO employees beginning July 1, 2018 through December 31, 2018.

Sam Low asked if this motion could be moved to the regular committee agenda, to which the Chair approved.

*This motion's discussion is recorded under the 2<sup>nd</sup> bullet below.*

- The Chair said a recommendation is being brought from the Governance and Operations Committee that Jill Johnson continues as Chair and Jamie Stephens take on the role of vice-Chair for 2018.

Anne Deacon moved the recommendation for approval and Rud Browne seconded, all in favor, recommendation carried.

- Discussion resulted regarding Motion#18-06 above, Jamie Stephens moved to table the motion until next month. All in favor of the tabled motion.

**Motion #18-06 will be tabled until the March meeting.**

*All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Executive Committee with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.*

## Consent Agenda – Motion #18-07

To review and approve the North Sound Behavioral Health claims paid from January 1<sup>st</sup>, 2018 through January 31<sup>st</sup>, 2018 in the amount of \$15,187,084.65. Payroll for the month of January in the amount of \$297,854.72 and associated employer benefits in the amount of \$115,895.82.

Russell Wiita moved the motion for approval, Jamie Stephens seconded, all in favor, motion #18-07 carried.

## Action Items

**For Executive Committee Approval**

## Professional Service Contracts

### Compass Health

Compass Health provides training on behalf of the North Sound BHO. The training proposal was approved by the training committee in January. The training is free to Behavioral Health Agencies contracted with the BHO.

### **Motion #18-08**



- North Sound BHO-Compass Health-PSC-18 for the provision of training in the North Sound region. The maximum consideration on this contract is \$62,000 with a term of February 1, 2018 through December 31, 2018.

Anne Deacon moved the motion for approval, Jamie seconded, all in favor, motion #18-08 carried.

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#### Sam Magill

Sam Magill is continuing his work with BHO staff and is facilitating the upcoming opiate forums in the region; the contract is extended by six (6) months.

#### **Motion #18-09**

- North Sound BHO-Sam Magill-PSC-17-18 Amendment 2 for the purpose of increasing the contract by \$15,100 for a new maximum consideration of \$30,000 and a new term of February 1, 2017 through December 31, 2018.

Russell Wiita moved the motion for approval, Jamie Stephens seconded, all in favor, motion #18-09 carried.

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#### Sunrise Services

Sunrise Services is opening an Enhanced Service Facility, this new category of licensed residential facility will provide a community placement option for individuals whose complicated personal care and behavioral challenges do not rise to a level that requires an institutional setting. Individuals are referred to an ESF if they are coming out of state and community psychiatric hospitals or have no other placement option due to their complex behavior, medical, chemical dependency and/or mental health needs.

The facility will offer behavioral health, personal care services and nursing, at a level of intensity that is not generally provided in other licensed long-term care settings. Because costs have been incurred throughout 2017, the contract is back dated to January 1, 2017.

#### **Motion #18-10**

- North Sound BHO-Sunrise Services-PSC-18 for the purpose of providing behavioral health services to individuals in the facility with behavioral health needs. The maximum consideration on this contract is \$368,000 with a term of January 1, 2017 through December 31, 2018.

Cammy Hart-Anderson moved the motion for approval, Ken Dahlstedt seconded, all in favor, motion #18-10 carried.

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#### **Substance Use Disorder Outpatient Services**

##### Sunrise Services

Sunrise Services was awarded funding in the 2017 Substance Use Disorder Outpatient (SUD) Request for Qualifications for Snohomish and Whatcom Counties. This will expand the capacity to serve individuals with substance use disorders.

**Motion #18-11**

- North Sound BHO-Sunrise Services-Medicaid-16-18 Amendment 2 for the purpose of increasing funding by \$5,699,902 for a new maximum consideration of \$20,046,958. The term of the contract will be extended by nine (9) months for a new term of April 1, 2016 through December 31, 2018.
- North Sound BHO-Sunrise Services-BHSC-16-18 Amendment 4 for the purpose of increasing funding by \$571,500 for a new maximum consideration of \$2,049,270. The term of the contract will be extended by nine (9) months for a new term of April 1, 2016 through December 31, 2018.

Sam Low moved the motion for approval, Russell Wiita seconded, all in favor, motion #18-11 carried.

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**Snohomish County Medicaid and BHSC Contracts**

Snohomish County is receiving additional state funds for the increase in Involuntary Treatment Act (ITA) services, largely due to the Smokey Point facility. The additional state funds will pay for two (2) Full Time Equivalent (FTE) Designated Crisis Responders.

Medicaid funds are being added as incentive funds for the county to develop and submit a Transition Plan for Snohomish County.

The transition plan will address the needs for a fully integrated system of care, specifically for the integration of behavioral health and physical health by the Managed Care Organizations (MCO). The contract is being extended by nine (9) months.

**Motion #18-12**

- North Sound BHO-Snohomish County-Medicaid-16-18 Amendment 2 for the purpose of increasing the contract by \$2,981,206 for a new maximum consideration of \$6,388,294 with a new term of April 1, 2016 through December 31, 2018.
- North Sound BHO-Snohomish County-BHSC-16-18 Amendment 2 for the purpose of increasing the contract by \$2,623,299 for a new maximum consideration of \$7,646,050.50 with a new term of April 1, 2016 through December 31, 2018.

Russell Wiita moved the motion for approval, Sam Lowe seconded, all in favor, motion #18-12 carried.

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### Community Action of Skagit County

Funding is being increased to cover the actual costs of the program and the contract is being extended by nine (9) months through December 31, 2018.

#### Motion # 18-13

- North Sound BHO-SCAA-Ombuds-16-18 Amendment 1 for the purpose of increasing funding by **\$203,100** for a new maximum consideration of **\$539,100** with the term of the contract being extended by nine (9) months for a new term of April 1, 2016 through December 31, 2018

Russell Wiita moved the motion for approval, Cammy Hart-Anderson seconded, all in favor, Motion #18-13 carried.

Cammy Hart-Anderson asked that the Ombuds information (on the North Sound BHO website) be updated, complete and easily accessible. Joanie will forward the request to the North Sound BHO IS/IT Manager.

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#### *For Executive Committee Ratification*

### Compass Health

Compass Health is receiving **\$165,243** of Department of Commerce funding for housing subsidies to enhance the HARPS team services in Snohomish County. The Commerce funding expires on June 30, 2018.

#### Motion #18-14

- North Sound BHO-Compass Health-HARPS-16-18 Amendment 2 for the purpose of increasing the funding by **\$265,243** for HARPS subsidies. The new maximum consideration on this contract is **\$790,539**, with a new term of April 1, 2016 through June 30, 2018.

Russell Wiita moved the motion for approval, Jamie Stephens seconded, all in favor motion #18-14 carried.

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### Prosperity Wellness

Prosperity Wellness is a residential provider in Tacoma WA, King County previously contracted for the residential services, but terminated the contract. The termination was without cause, based on King County's assessment of their capacity needs. North Sound BHO piggy-backed on their contract, since it was terminated we have decided to enter into a contract directly with Prosperity Wellness.

#### Motion #18-15

- North Sound BHO-Prosperity Wellness-Residential-18 for the purpose of providing adult residential substance use disorder services. The bed rate for this service is **\$228.09** per bed day, with a term of January 1, 2018 through December 31, 2018.

Russell Wiita moved the motion for approval, Ken Dahlstedt seconded, all in favor, motion #18-15 carried.

### **Health Care Authority (HCA) Interagency Agreement**

Health Care Authority offered an Interagency Agreement to mid-adopter BHOs to provide support for technical assistance necessary for the North Sound Regional Service Area to meet the accelerated timeline and enable the counties to partner with HCA and stakeholders in preparing for successful integration to Medicaid physical and behavioral health services, purchased through managed care systems. The motion incorporates Amendment 1 to extend the end date from January 31, 2018 to January 31, 2019.

#### **Motion #18-16**

- HCA-North Sound BHO-Interagency Agreement-18 for the purpose of preparing for fully integrated health care in 2019. The maximum on this agreement is up to \$100,000 based deliverables submitted to HCA. The term of the agreement is November 14, 2017 through January 31, 2019 (Amendment 1 incorporated by reference to extend the Agreement end date, from January 31, 2018 to January 31, 2019.)

Russell Wiita moved the motion for approval, Jamie Stephens seconded, all in favor, motion #18-16 carried.

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### **American Behavioral Health Services (ABHS) Substance Use Disorder Outpatient Services**

American Behavioral Health Services (ABHS) was awarded a contract through the 2017 Substance Use Disorder Request for qualifications. ABHS has secured offices in Freeland on South Whidbey and Stanwood in Snohomish County to date. This funding is for the outpatient services they will be providing at all their sites when up and running.

#### **Motion #18-17**

- North Sound BHO-ABHS-Medicaid-18 for the purpose of providing substance use disorder services in the North Sound region. The maximum consideration on this contract is \$417,690 with a term of January 1, 2018 through December 31, 2018.
- North Sound BHO-ABHS-BHSC-18 for the purpose of providing substance use disorder services in the North Sound region. The maximum consideration on this contract is \$55,710 with a term of January 1, 2018 through December 31, 2018.

Cammy Hart-Anderson moved the motion for approval, Russell seconded, all in favor, motion # 18-17 carried.

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### **Relias Online Learning**

Relias Online Learning System is available to all of our contracted providers. As our providers add new staff we add new learner slots to the system. This amendment adds 50 more slots to the system, which brings our total slot allocation to 2,125 learners.

#### **Motion #18-18**



▪ Relias Learning LLC -North Sound BHO Add on Amendment to buy 50 additional learner slots at \$37.52 per slot for an additional \$1,876.00 per year for a maximum \$121,264.51 per year for the subscription. Russell Wiita moved the motion for approval, Ken D seconded, all in favor, Motion # 18-18 carried.

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Narrative and rates were made available during the meeting regarding Motion #18-19 below.

**Motion #18-19-** To approve the revised 2018 fee schedule as presented. The rates will be effective starting January 1, 2018.

The 2018 fee schedule was reviewed. Cammy Hart-Anderson moved the motion for approval, Rud Browne seconded, all in favor, motion #18-19 carried.

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#### Introduction Items

- Strategic 2016/2017 Goals
- Strategic 2018/2019 Goals

The Strategic Goals were discussed, and the handouts were referenced.

#### Discussion Items

- Interagency Agreement between HCA and BHO (with notes)
- Interagency Agreement between HCA and BHO (final)
- Directive of the Governor
- HCA Mid-Adopter Transition Year Options

Dialogue succeeded the discussion items above and the corresponding documents were referenced.

**Adjourn:** Meeting adjourned at 3:03 p.m.

Respectfully Submitted:



Joanie Williams  
Administrative Manager

*Next meeting: March 8th, 2017*