

Members Present:

- Jill Johnson, Chair, Island County Commissioner, Board of Island County Commissioners
- Darcy Cheesman, Snohomish County; Designated Alternate for Snohomish County Council Member Sam Low
- Robert Knoll, Snohomish County; Designated Alternate for Snohomish County Council Member Brian Sullivan
- Regina Delahunt, Whatcom County; Designated Alternate for Jack Louws County Executive
- David Kincheloe, Whatcom County; Ex Officio, North Sound Behavioral Health Organization Advisory Board Chair
- Barbara LaBrash, San Juan County Coordinator, Designated Alternate for San Juan County Council Member Jamie Stephens
- Rebecca Clark, Skagit County Community Services, Designated Alternate for Jennifer Johnson; *(Designated Alternate for Ken Dahlstedt)*
- Geoffrey Thomas, Snohomish County Council, Designated Alternate to Snohomish County Council Member Stephanie Wright
- Cammy Hart-Anderson, Snohomish County Human Services, Designated Alternate for County Executive Dave Somers
- Ken Mann, Whatcom County Council Member

North Sound Behavioral Health Organization Members Present:

- Joe Valentine, Executive Director, North Sound Behavioral Health Organization (BHO)
- Bill Whitlock, Fiscal Officer, North Sound Behavioral Health Organization
- Joanie Williams (recording), Administrative Supervisor, North Sound Behavioral Health Organization

1. Call to Order and Introductions:

Chair Johnson initiated introductions. Joe welcomed Darcy Cheesman to the Executive Committee and noted that he met with Darcy and Council Member Sam Low and gave them both an orientation presentation to the County Authorities Executive Committee. He noted Sam's interest in attending as many meetings as possible.

2. Revisions to the Agenda:

Chair Johnson asked if there were any revisions to the Agenda, none were mentioned.

3. Approval of December 8th, 2016, Minutes, Motion #17-01

Chair Johnson asked if there were any revisions to the December 2016 Minutes, there were none.

Regina Delahunt moved approval of the December Minutes, seconded by Ken Mann, all in favor, motion 17-01 carried.

4. Comments & Announcements from the Chair:

Joe introduced Colleen Bowls, North Sound Behavioral Health Organization's Substance Use Disorder Quality Specialist. Effective February 1st, 2017 she will be the North Sound BHO Children's Manager, replacing the position previously held by Julie deLosada. Colleen spoke of her experience and work with youth and families in the various systems to include corrections, health care and education. She noted she has a passion to strengthen the gaps in the system and is grateful for the opportunity she's been given.

Joe added Colleen has many years of management experience, in addition to mental health experience, substance use disorder experience and management of a Tribal program.

5. Reports from Members:

Barbara noted there will be a new Advisory Board Member joining in the spring.

6. Comments from the Public:

Chair Johnson asked if there were any comments from the public, there were none.

Report from the Advisory Board:

David Kincheloe, Advisory Board Chair, gave an update on the January Advisory Board Meeting and noted there was an educational and informative Pre-Meeting Session presented on the Crisis Prevention & Intervention Teams (CPIT). He also stated the North Sound BHO's Advisory Board has their own Legislative Agenda which includes adoption of the BHO's Capital Funding Requests and support of the Governor's Budget Elements. Consumers on the Advisory Board are promoting the Legislators to match the BHO's anticipated achievements.

He also spoke about the recent Poetry and Art Contest sponsored by the Advisory Board. The contest theme was "Together We're Better". The goal is to promote recovery, he said. It was noted the top contest winners were from the Youth SeaMar Visions Program.

He also mentioned contest posters and cards that the BHO made available, produced from the first-place winning entries in both the Art and Poetry categories. He noted the cards and posters were in the back of the Conference Room for Executive Committee Members to take, share and display.

7. Committee Report:

Chair Johnson referenced the Committee Reports and Joe noted the reports are available for the members to read at their leisure.

- **QMOC**
- **Planning Committee** (*December Meeting was canceled*)

8. Report from the Executive Director

He gave a report on the following topics:

- Governor's 2017-2019 Behavioral Health Budget Request which included:
 - i. Funding new mobile crisis teams
 - ii. Creating community "Step Down Beds" for persons ready for discharge from the state psychiatric hospitals, but still need assistance transitioning to the community
 - iii. Increased funding for the "HARPS" program
 - iv. Nine new 16 bed community behavioral health hospitals to provide acute psychiatric inpatient care for civil commitments
 - v. Funding 2 new crisis walk-in centers
 - vi. Funding for medication assisted treatment nurse care managers
- Federal Approval of the Medicaid Transformation Waiver
- Behavioral Health Facilities Plan
- Phase Out of the Rainbow Center
- Implementation of the Pilot Program for EMS transports to the Snohomish County Triage Center [HB1721]
- Redeployment of the Community Prevention and Intervention Teams [CPIT]
- Behavioral Health Integration Update
- SUD Expansion RFQ
- Opioid Reduction Plan
- Insight Tele Psychiatry Kick Off meeting

Discussion followed on various topics.

9. Report from the Finance Officer:

Jill gave the Finance Report and discussion ensued as various topics were covered.

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Executive Committee with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

To review and approve the North Sound Behavioral Health claims paid from December 1, 2016 through December 31, 2016 in the amount of \$21,957,400.39. Payroll for the month of December in the amount of \$282,235.24 and associated employer benefits in the amount of \$182,995.54.

Consent Agenda – Ken Mann – Motion # 17-02

Ken said the Consent Agenda was reviewed. He moved approval of the motion, Regina seconded, all in favor, motion 17-02 carried.

10. Report from the Governance Operations Committee:

Jill Johnson noted she is the now the Chair, Ken Mann is Vice-Chair, Jamie, Cammy and Ken Dahlstedt are on Governance Committee as well. It was noted a new motion was added which was not originally on the Agenda:

Motion #17-11 to approve the changes to the Committee Roles.

Barbara moved to approve the changes, Regina seconded, all in favor, motion 17-11 carried.

11. Action Items

For Executive Committee Approval

Dedicated Marijuana Accounts

The funding is provided for prevention, intervention and treatment for youth. The counties have submitted plans for the usage of the funds for the designated purpose. We are in midst of negotiating the prevention strategies for each county.

- Island County proposal includes the following: Evidence Based Practice “PAX Good Behavior Game at seven (7) Elementary Schools; Big Brothers & Sister funding match; Care Manger for Oak Harbor School District; Natural High (science based program) at middle & high schools.
- San Juan County proposal includes the following: develop and establish an Orcas Island Prevention Coalition utilizing the “Communities that Care (CTC) support system.
- Skagit County proposal includes the following: Community-based mentoring for youth transitioning into middle/high school; Implement “where everyone belongs” in Anacortes middle schools, a welcoming & transition program for incoming 6-7th graders; a self-designed mentoring program for middle schoolers in the Burlington School District; Communities that Care (CTC) in Anacortes; Strengthening Families a family skills training program in Conway & LaConner School Districts; Social Norms & Social Marketing Prevention Program, countywide;
- Snohomish County proposal includes the following: Student Support Advocates is a case management model that connects students & families with a multitude of resources along with Evidence Based Practices such as Teen Intervene, Good Behavior Game and Source of Strength, a suicide prevention program.

Whatcom County proposal includes the following: Evidence Based Practices for school based prevention services, such as Strengthening Families, Incredible Years, Communities that Care and Social Norming.

Motion # 17-03:

- NORTH SOUND BHO-ISLAND COUNTY-BHSC-17-18 for the purpose of funding various dedicated marijuana account services in Island County. The maximum consideration for this contract is \$245,000 with the term of the contract December 1, 2016 through March 31, 2018.
- NORTH SOUND BHO-SAN JUAN COUNTY-BHSC-17-18 for the purpose of funding various dedicated marijuana account services in Island County. The maximum consideration for this contract is \$161,000 with the term of the contract December 1, 2016 through March 31, 2018.
- NORTH SOUND BHO-SKAGIT COUNTY-BHSC-17-18 for the purpose of funding various dedicated marijuana account services in Island County. The maximum consideration for this contract is \$270,000 with the term of the contract December 1, 2016 through March 31, 2018.
- NORTH SOUND BHO-SNOHOMISH COUNTY-BHSC-17-18 for the purpose of funding various dedicated marijuana account services in Island County. The maximum consideration for this contract is \$983,456 with the term of the contract December 1, 2016 through March 31, 2018.
- NORTH SOUND BHO-WHATCOM COUNTY-BHSC-17-18 for the purpose of funding various dedicated marijuana account services in Island County. The maximum consideration for this contract is \$288,000 with the term of the contract December 1, 2016 through March 31, 2018.

Dialogue followed regarding various aspects of the Dedicated Marijuana Accounts.

Barbara LaBrash moved approval of the motion, Regina seconded, all in favor, motion 17-03 carried with one abstention.

Joe noted he will bring back information to the Executive Committee after he speaks with DBHR.

It was also noted there are typos in language referring to the respective counties.

Engagement Specialists

The funding is being provided to fund the hiring of engagement specialist and develop processes that will reduce the number of no shows at the provider offices. The current allocation of engagement specialist is as follows:

- CCSNW-SUD Services-7.65 FTE-1.87 Whatcom; 1.87 Skagit; 2.81 Snohomish; Mental Health Services 1FTE: .5 Whatcom; .5 Skagit;
- Compass Health-Mental Health Services-7.5 FTE throughout the region
- Evergreen Recovery: SUD Services -4 engagement specialists FTE's 1 in detox, 1 in Lynwood outpatient, 2 in Everett outpatient, plus .05 supervisors. Evergreen also has a .5 billing FTE added to their contract.
- Phoenix Recovery: SUD Services 1 FTE engagement specialist Skagit
- Sunrise Services-Mental Health Services- 3 FTE's- 1 in Snohomish, 1 in Skagit, .5 in Whatcom, .5 in Island, plus .15 program manager and .1 supervisor

Motion # 17-04:

- NORTH SOUND BHO-CCSNW-MEDICAID-16-18 Amendment 1 for the purpose of funding engagement specialist to reduce the number of no shows. The increase to this contract is \$549,015 for a new maximum consideration of \$19,932,360 with the term of the contract remaining the same April 1, 2016 through March 31, 2018.
- NORTH SOUND BHO-COMPASS HEALTH-MEDICAID-16-18 Amendment 4 for the purpose of funding engagement specialist to reduce the number of no shows. The increase to this contract is \$412,605 for a new maximum consideration of \$53,815,689 with the term of the contract remaining the same April 1, 2016 through March 31, 2018.
- NORTH SOUND BHO-EVERGREEN RECOVERY-MEDICAID-16-18 Amendment 2 for the purpose of funding engagement specialist to reduce the number of no shows. The increase to this contract is \$446,160 for a new maximum consideration of \$10,243,248 with the term of the contract remaining the same April 1, 2016 through March 31, 2018.
- NORTH SOUND BHO-PHOENIX RECOVERY-MEDICAID-16-18 Amendment 2 for the purpose of funding engagement specialist to reduce the number of no shows. The increase to this contract is \$74,565 for a new maximum consideration of \$2,386,485 with the term of the contract remaining the same April 1, 2016 through March 31, 2018.
- NORTH SOUND BHO-SUNRISE SERVICES-MEDICAID-16-18 Amendment 1 for the purpose of funding engagement specialist to reduce the number of no shows. The increase to this contract is \$293,280 for a new maximum consideration of \$14,347,056 with the term of the contract remaining the same April 1, 2016 through March 31, 2018.
- NORTH SOUND BHO-CCSNW-BHSC-16-18 Amendment 1 for the purpose of funding engagement specialist to reduce the number of no shows. The increase to this contract is \$54,300 for a new maximum consideration of \$1,825,296 with the term of the contract remaining the same April 1, 2016 through March 31, 2018.
- NORTH SOUND BHO-COMPASS HEALTH-BHSC-16-18 Amendment 4 for the purpose of funding engagement specialist to reduce the number of no shows. The increase to this contract is \$40,815 for a new maximum consideration of \$11,378,952.98 with the term of the contract remaining the same April 1, 2016 through March 31, 2018.
- NORTH SOUND BHO-EVERGREEN RECOVERY-BHSC-16-18 Amendment 2 for the purpose of funding engagement specialist to reduce the number of no shows. The increase to this contract is \$44,130 for a new maximum consideration of \$2,364,762 with the term of the contract remaining the same April 1, 2016 through March 31, 2018.
- NORTH SOUND BHO-PHOENIX RECOVERY-BHSC-16-18 Amendment 2 for the purpose of funding engagement specialist to reduce the number of no shows. The increase to this contract is \$7,380 for a new maximum consideration of \$765,396 with the term of the contract remaining the same April 1, 2016 through March 31, 2018.

NORTH SOUND BHO-SUNRISE SERVICES-BHSC-16-18 Amendment 1 for the purpose of funding engagement specialist to reduce the number of no shows. The increase to this contract is \$29,010 for a new maximum consideration of \$1,408,770 with the term of the contract remaining the same April 1, 2016 through March 31, 2018.

Ken moved approval of the motion, Rebecca seconded, all in favor, motion 17-04 carried.

Substance Abuse Block Grant (SABG)

The funds are being provided for workforce development to increase the number of Chemical Dependency Professionals (CDP) within the region. Specifically, for the individuals with graduate degrees to receive their CDP in two (2) quarters.

- Bridgeways one (1) employees
- Compass Health 19 employees
- Snohomish County one (1) employee
- Unity Care NW two (2) employees

Motion # 17-05:

- NORTH SOUND BHO-BRIDGEWAYS-SABG-17 for the purpose of funding professional development to increase the number of CDPs in the region. The maximum consideration on this contract is \$1,860 with the term of the contract January 1, 2017 through June 30, 2017.
- NORTH SOUND BHO-COMPASS HEALTH-SABG-17 for the purpose of funding professional development to increase the number of CDPs in the region. The maximum consideration on this contract is \$35,220 with the term of the contract January 1, 2017 through June 30, 2017.
- NORTH SOUND BHO-SNOHOMISH COUNTY-SABG-17 for the purpose of funding professional development to increase the number of CDPs in the region. The maximum consideration on this contract is \$1,860 with the term of the contract January 1, 2017 through June 30, 2017.
- NORTH SOUND BHO-UNITY CARE NW-SABG-17 for the purpose of funding professional development to increase the number of CDPs in the region. The maximum consideration on this contract is \$3,710 with the term of the contract January 1, 2017 through June 30, 2017.

Barb LaBrash moved the motion for approval, Ken seconded, all in favor, motion 17-05 carried.

Electronic Health Record (EHR)

The funding is being provided to continue the work on the development of EHRs within the respective organizations Phoenix Recovery and Center for Human Services (CHS).

Motion # 17-06:

- NORTH SOUND BHO-PHOENIX RECOVERY-PSC-16 Amendment 2 for the purpose of continuing the development of an EHR to enable data submission to the BHO. The increase to the contract is \$10,000 for a new maximum consideration on this contract is \$50,000 with the term of the contract January 1, 2017 through June 30, 2017.
- NORTH SOUND BHO-CHS-PSC-16-17 for the purpose of continuing the development of an EHR to enable data submission to the BHO. The maximum consideration on this contract is \$50,000 with the term of the contract December 1, 2016 through June 30, 2017.
Ken moved, Rebecca seconded, all in favor

Ken moved approval of the motion, Rebecca seconded, all in favor, motion 17-06 carried

WISe

This is an 8% expansion of WISe slots in the region, expansion is as follows:

- Catholic Community Services (CCSNW)
 - a. Skagit – 2 expansion slots, 32 total
 - b. Whatcom – 2 expansion slots 52 total
- Compass Health
 - a. Island – 10 expansion slots, 18 total
 - b. Snohomish – 2 expansion slots, 122 total

Motion # 17-07:

- NORTH SOUND BHO-CCSNW-WISe-16-18 Amendment 1 for the purpose of increasing WISe slots in Skagit and Whatcom Counties. The increase to this contract is \$102,000 for a new maximum consideration of \$6,976,800 with the term of the contract remaining the same April 1, 2016 through March 31, 2018.
- NORTH SOUND BHO-COMPASS HEALTH-WISe-16-18 Amendment 1 for the purpose of increasing the WISe slots in Island and Snohomish counties. The increase to this contract is \$612,000 for a new maximum consideration of \$1,162,800 with the term of the contract remaining the same April 1, 2016 through March 31, 2018.

Cammy moved approval of the motion, Barb seconded, all in favor, motion 17-07 carried

Proteus Consulting

Proteus Consulting conducted the North Sound BHO HIPAA Security Risk Analysis in 2016. We anticipate the work at the provider level to be of the same caliber and provide actionable measures for network provider compliance with the HIPAA Security Rule CFR 164.308(a)(1)(i).

Motion # 17-08:

- NORTH SOUND BHO-PROTEUS CONSULTING-17 for the purpose of conducting a HIPAA Security Risk Analysis at each of our provider agency offices where ePHI is stored, transmitted and/or processed. The estimated maximum consideration on this contract is \$130,000 with the term of the contract from January 16, 2017 through December 31, 2017.

Ken moved approval of the motion, Barb seconded, all in favor, motion 17-08 carried.

Revised Fee Schedule/Rate Adjustment

There are two rate adjustments in the Fee Schedule-

- The first is the addition of 14% to the SUD rates starting 4/1/16 to 12/31/16 and going forward. This is to account for the lower productivity rate and higher no show rate originally used in our rate model. Our original rates were set with the mental health productivity rates.
- The second-rate adjustment is a 4% COLA for both SUD and mental health starting 1/1/17. We also adjusted the mental health Master's rate to be the same as the SUD Master's rate starting 1/1/17.

Proposed Revised Fee Schedule Motion #17-09

To approve the revised fee schedule/rate adjustments as presented, 14% increase for Substance Use Disorder providers and a 4% Cola for the mental health Master's level clinicians.

Ken moved approval of the motion, Barb seconded, all in favor, motion 17-09 carried.

For Executive Committee Ratification

Ideal Balance

Ideal Balance will be providing outpatient treatment in Snohomish County for individual who are on medication assisted treatment (Buprenorphine). The start date of this contract is retroactive to April 1, 2016, when the transfer of SUD services occurred.

Motion # 17-10:

- NORTH SOUND BHO-IDEAL BALANCE-MEDICAID-16-18 for the purpose of providing substance use disorder outpatient services in Snohomish County. The maximum consideration of this contract is \$640,000 with a term of April 1, 2016 through March 31, 2018.
- NORTH SOUND BHO-IDEAL BALANCE-BHSC-16-18 for the purpose of providing substance use disorder outpatient services in Snohomish County. The maximum consideration of this contract is \$25,000 with a term of April 1, 2016 through March 31, 2018.

Cammy moved approval of the motion, Ken seconded, all in favor, motion 17-10 carried.

2. Introduction Items

- **Letter to Congressional Delegation regarding Replacement of the Affordable Care Act**

Governor Inslee has sent a letter to the state's congressional delegation [attached] urging them to vote against repeal of the ACA unless adequate replacement policies are developed that would continue affordable health care access for the persons who would lose their coverage. A sample letter to Representatives Larsen and DelBene that could be signed by our Executive Committee is loosely modeled on the Governor's letter which is attached for discussion. If there is consensus on what the elements of such a letter would be, this could either be introduced for approval at the February Executive Committee meeting, or the Executive Committee could authorize the Chair to sign a revised letter on their behalf.

This motion was not on the Agenda originally and was added during the Executive Committee Meeting.

The motion was to authorize the Chair to sign a revised letter on their behalf.

Ken moved motion for approval, Regina seconded, all in favor except for Darcy, who abstained, **Motion 17-12** carried.

13. Adjourn

Chair Johnson adjourned the meeting at 3:04 p.m.

Respectfully submitted:



Joanie Williams
Administrative Manager

Next meeting: February 9th, 2017