

Effective Date: 7/1/2019

Review Date: 4/29/2025

Revised Date: 4/7/2025

North Sound Behavioral Health Administrative Services Organization, LLC

Section 1500 – Clinical: Access to Residential Withdrawal Management/Substance Use Disorder (WM/SUD) Services

Authorizing Source: HCA Contract

Approved by: Executive Director Date: 4/29/2025

Signature:

POLICY # 1592.00

SUBJECT: ACCESS TO RESIDENTIAL WITHDRAWAL MANAGEMENT/SUBSTANCE USE DISORDER (WM/SUD) SERVICES

POLICY

The North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) supports both youth and adult individuals in accessing medically necessary (per WAC 182-500-0070) residential Withdrawal Management (WM) services as assistance in the process of withdrawal from psychoactive substances in a safe and effective manner. North Sound BH-ASO supports WM services that include three (3) necessary components: evaluation, stabilization and motivating individual readiness to engage in SUD treatment services.

The North Sound BH-ASO maintains contracts for medically monitored withdrawal management (WM) facilities within the North Sound Regional Service Area (RSA) that are available to assess and accept individuals 24-hours a day and 7 days per week. Acute WM facilities are ASAM 3.7WM Medically Monitored Inpatient WM (also known as acute detox). Individuals must meet the American Society of Addiction Medicine (ASAM) criteria for placement at the designated level of care, as well as, medical necessity.

ASAM criteria is used for admission, continued stay, discharge planning and decisions and BHA's provide counseling with each individual that addresses the individual's SUD, stages of change, motivation and addresses the individual's continuing care needs including referral to other services.

A Secure Withdrawal Management stabilization (SWMS) facility as defined in RCW 71.05.020 provides involuntary treatment to individuals detained under the Involuntary Treatment Act (ITA) up to level of care ASAM 3.7. These services provide evaluation, assessment and WM services to individuals detained by a North Sound RSA Designated Crisis Responder (DCR), as well as facilitation of transitions to appropriate voluntary or involuntary inpatient services or to Less Restrictive Alternative (LRA) in accordance with WAC 246-341-1100 .

North Sound BH-ASO provides access to SUD residential treatment services for individuals residing in the North Sound Regional Service Area (RSA) for whom a residential SUD level of care is deemed medically necessary as determined by a Substance Use Disorder Professional (SUDP) and/or a Substance Use Disorder Professional Trainee (SUDPT) who is supervised by a SUDP.

PROCEDURES

1. For individuals attempting to access voluntary WM services they may:
 - a. Be referred by a BHA ; and/or

- b. Call a WM SUD facility directly to arrange admission to services.
2. No prior authorization is required from North Sound BH-ASO for WM for an initial 3-5 day stay; however, eligibility review criteria including financial eligibility, medical necessity, residency, and level of care must be met for Substance Abuse Block Grant (SABG).
- a. For Secure Withdrawal Management under the ITA, legal status is accepted in lieu of an eligibility review and medical necessity until their legal status changes.
 - b. For Secure Withdrawal Management, when a parent or legal guardian brings their child with or without the consent of the child and the facility meets RCW 71.34.600 and 660, notification the next business day is required.

If the admission is planned, it requires that a authorization be submitted to North Sound BH-ASO along with a concurrent review to determine continued stay.

Withdrawal management authorization requirements can be referenced in Policy 1594.00 Utilization Management.

3. The WM facility must have policies and procedures implemented regarding criteria for admittance, length-of-stay, transfer and discharge.
4. A facility that provides WM services must provide documentation in an individual's clinical record of the following:
- a. A SUD screening before admission into services;
 - b. The use of ASAM criteria for admission, continued services, discharge planning and discharge decisions;
 - c. A voluntary consent to treatment form signed by the individual or legal guardian;
 - d. All release of information (ROI) forms signed and dated by the individual or legal guardian for treatment providers, medical providers, other continuing care providers and family members (family as defined by the individual).
 - e. The individual was informed of federal confidentiality requirements and received a copy of the notice required per 42 CFR, Part 2;
 - f. The individual received a Human Immunodeficiency Virus/Acquired Immunodeficiency Syndrome (HIV/AIDS) brief risk intervention;
 - g. The individual received a tuberculosis (TB) screening and assisted to receive medical treatment as necessary;
 - h. Individualized progress notes in a timely manner from each shift and as events occur, such as, periodic monitoring of vitals or documentation as to why this did not occur;
 - i. A discharge summary, including a continuing care recommendation and a description of the individual's physical condition, completed within seven (7) working days of discharge; and
 - j. An attempt to assist the individual in arranging either a SUD assessment while in the WM facility or if the individual has completed a SUD assessment, then admittance into the recommended ASAM level of care based on the ASAM placement criteria and medical necessity.
- i. The WM facility may submit a SUD residential prior authorization request for an individual to be placed in and admitted to a residential facility ASAM level 3.3 or 3.5 directly from the WM facility when medically necessary.

- ii. The WM facility submits an electronic authorization request to North Sound BH-ASO including the meeting of the eligibility criteria for SABG. .
- iii. The WM facility arranges facility admission date and transportation based on agreement with the individual and/or legal guardian.
- iv. The WM facility provides other referrals and linkages to specific SUD outpatient and mental health outpatient providers, housing, shelter, food and clothing based on the individualized needs of each individual admitted.

ATTACHMENTS

None