



NORTH SOUND BEHAVIORAL HEALTH ADMINISTRATIVE SERVICES ORGANIZATION

Provider Bulletin August 2021

WEBSITE LINKS:

Numbered Memorandum

<https://www.nsbhaso.org/memorandums>

Data Dictionary

<https://www.nsbhaso.org/data/dict>

Forms & Reports

<https://www.nsbhaso.org/forms/reports>

Policies

<http://www.nsbhaso.org/policies>

Brochures

www.nsbhaso.org/brochures

HCA Customer Service

<https://www.hca.wa.gov/health-care-services-supports/apple-health-medicaid-coverage/apple-health-managed-care>

Contact Us:

North Sound Behavioral Health Administrative Services Organization

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RECOVERY NAVIGATOR PROGRAM

North Sound BH-ASO will be implementing Recovery Navigator Programs in the North Sound region. Each program will collaborate with law enforcement to provide an alternative to incarceration. The program will consist of Case Managers and Recovery Navigators that provide appropriate, long-term intensive case management and recovery services to youth and adults with substance use disorder (SUD), including persons with co-occurring substance use disorders and mental health conditions, who are referred to the program. The program will operate using Trauma Informed Care and Harm Reduction framework. If you have any questions or would like more information, please email James Dixon at james_dixon@nsbhaso.org.

LETTERS OF INTEREST – COMMUNITY BEHAVIORAL HEALTH RENTAL ASSISTANCE (CBRA) PROGRAM

The North Sound BH-ASO is soliciting Letters of Interest to contract with the BH-ASO to provide services under the “Community Behavioral Health Rental Assistance Program” (CBRA).

The 2021 Legislative Session provided a significant increase in funds to provide permanent rental subsidy for high-risk individuals with behavioral health conditions and their households. The Department of Commerce (DOC) has contracted with the North Sound BH-ASO to serve as the lead grantee for the North Sound region. The North Sound BH-ASO is seeking to contract with nonprofit housing assistance organizations or other behavioral health organizations who provide housing support services to provide Permanent Housing Subsidies to eligible persons in one or more counties in the North Sound region.

A link to the request for Letters of Interest and the DOC guidelines for the CBRA program can be found on the North Sound BH-ASO website at <https://nsbhaso.org/formsreports> under Community Behavioral Health Rental Assistance Program (CBRA).

WORKFORCE DEVELOPMENT STRATEGIES

The North Sound BH-ASO continues to work with the Managed Care Organizations (MCOs) and Health Care Authority (HCA) to develop and fund strategies to help behavioral health agencies with workforce recruitment and retention. HCA staff are developing a plan to implement some of the



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recommendations in the report from the state Health Workforce Council-Behavioral Health Group.

The full report can be found at: <https://www.wtb.wa.gov/planning-programs/health-workforce-council/behavioral-health-group/>

HCA staff will also be meeting with the Administrative Service Organizations (ASOs) and MCOs to identify strategies where we can supplement state efforts with our own funding investments. In the meantime, we will be sending out a survey to our Behavioral Health Agency (BHA) network to solicit uses for Behavioral Health Enhancement and COVID Supplemental Federal Block Grant funds. We want to be intentional about using the funds by aligning our workforce strategies with the state plan. We expect to release the survey mid-September.

CONSEJO COUNSELING IS OUR NEWEST BEHAVIORAL HEALTH PROVIDER

North Sound is pleased to announce our newest provider of Behavioral Health Service! Consejo Counseling and Referral Service is a Behavioral Health Agency offering bilingual and bi-cultural care. They will be providing tele-health services in the North Sound region and will cover all five (5) counties. Our partnership with Consejo is coming at an opportune time as we struggle with access to services in and out of our region.

To learn more about Consejo Counseling and Referral Service go to: <https://consejocounseling.org/1about/>.

To refer someone for behavioral health services, please contact Jenny Rodriguez, Behavioral Health Director, at 206.437.2403 or Sanjuanreferrals@consejocounseling.org

NORTH SOUND YOUTH AND FAMILY (YFC) COALITION SURVEY

North Sound Youth and Family Coalition (YFC) wants to know two things:

1. What does recovery mean to young people and their families,? and
2. What are the barriers that might keep young people from accessing needed behavioral health services?

Your input will help us make improvements in our regional System of Care so that young people can get the right services, at the right times, and in the right amounts.

Benefits: Earn a \$25 gift card for filling out this survey & attending a YFC meeting! Register for YFC meetings at the end of the survey linked below.

Conditions: Offer is good for the first 100 participants to meet both requirements.

Bonus: youth and families who also fill out our meeting evaluation can get dinner for their entire household! \$25 for each adult over 12, and \$10 for everyone 11 and under.

Please let the youth and families you serve know about this opportunity! The survey can be found at:

English: <https://www.surveymonkey.com/r/XKB3L7W>

Spanish: <https://www.surveymonkey.com/r/XVW9Q97>